

Athletics Northern Ireland

Cross Country & Road Running Fixtures 2025 – PROVISIONAL

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■ Postponed ■

Updated 10.07.2025

www.athleticsni.org

March 2025					
Sun 30th	Clogher Valley 5k Road race	Clogher Valley Community Centre	10am	amckenna502@gmail.com	
April 2025					
Wed 2nd	Queens 5k	Annadale Embankment	6.50pm	T.Reid@qub.ac.uk	
Sat 5th	The Florida Endurance Challenge	Florida Manor, Killinchy, Co. Down	8am / 2pm / 5pm	www.gaithouseevents.com info@gaithouseevents.com	
Sun 6th	35th SPAR Omagh Half Marathon & 5k	Omagh Leisure Complex	8:30am	Martin McLaughlin 07786164431 omaghhalfmarathon@gmail.com	
Sun 6th	Monkstown Spartans Belfast Zoo 5K 2025	Belfast Zoo	9am	spartanszoo5k@gmail.com	
Tue 8th	Ballymena Bellies Ladies 5 Mile Race	Galgorm Community Centre	7pm	www.ballymenarunners.org	
Thurs 10th	Castlewellan H&D Race 1	Castlewellan Forest Park	7:30pm	ir.taylor@ntlworld.com	
Sat 12th	Larne AC 10 Mile	Larne Leisure Centre	10am	Dnoble@cat.com	
Thurs 17th	Castlewellan H&D Race 2	Tollymore Forest Park	7:30pm	ir.taylor@ntlworld.com	
Fri 18th	Belfast to Dublin	Europa Hotel	12pm	adrian.daye@sky.com	
Sat 19th	Beragh 5 Mile & 5k Road Races	St Marys Park, Beragh	11am	donnelyadrian50@gmail.com	
Mon 21st	Whitehead Easter Road Race	Whitehead	12pm	wca@whitehead-ni.com	
Thurs 24th	Slieve Martin H&D Race 3	Rostrevor Forest Park	7:30pm	ir.taylor@ntlworld.com	
Wed 23rd	Bay Road 5k	Da Vinci's Hotel	7:30pm	emmettmc16@hotmail.com	
Wed 30th	Purple Ladies 5k	Joey Dunlop Leisure Centre	7:30pm	springwellrunningclub@gmail.com	
May 2025					
Thurs 1st	Binnian H&D Race 4	Rostrevor Forest Park	7:30pm	ir.taylor@ntlworld.com	
Sun 4th	2025 Moy Park Belfast City Marathon, Team Relay & 8-Mile Walk	Stormont Estate	9am	info@belfastcitymarathon.org	
Fri 9th	Run the Runways	Ards Airport	6:30pm	Newtownardshm@gmail.com	

Sat 10 th	Gortin 5 Mile and 5k	Main Street, Gortin	11am	donnabean1@hotmail.com	
Thurs 15 th	Cock and Hen H&D Race 5	Hen Car Park	19:30pm	deonmcneilly@outlook.com	
Fri 16 th	Maguiresbridge 5 miler	Maguiresbridge	7pm	greenhatbryony@gmail.com	
Sat 17 th	Seskinore Forest 5k	Seskinore Forest	11am	seskinorercg@gmail.com	
Sat 17 th	THE COAST HALF MARATHON & 10K	Killough Village Green, Killough, Co. Down	HM – 10am 10k – 11am	info@born2runevents.com	
Sun 18 th	Strabane Lifford Half Marathon	Melvin Sports Complex	9:30am	Ashleigh.Devine@derrystrabane.com	
Thurs 22 nd	Millstone H&D Race 7	Carn Car Park	7:30pm	ir.taylor@ntlworld.com	
Sat 24 th	May Fair Races 5k and 10k	Ballyclare Rugby Club	10am	mayfairrace@gmail.com www.countyantrimharriers.co.uk	
Sat 24 th	UKA British Fell Running Championship	Happy Valley	11am	ir.taylor@ntlworld.com	
Sat 24 th Sun 25 th	Granite Peaks Festival of Mountain Running Weekend.	Tollymore National Outdoor Centre	11am	ir.taylor@ntlworld.com	
Sun 25 th	Pat Dunbar Memorial – Leitrim Lodge Race	Leitrim Lodge	11am	ir.taylor@ntlworld.com	
Sun 25 th	Newell 5k and 10k	Newell Stores Coalisland	10:30am		
Sun 25 th	Marconi 5	Tennis Courts, Ballycastle	10am	championchpireland@googlemail.com	
Sat 31 st	Pats 5K 2K kids family run	Pomeroy Forest	11am	olimurphy25@hotmail.com	
Sat 31 st	Almac 5k and 10k	Craigavon Lakes	11am	championchpireland@googlemail.com	
Sat 31 st	Slieve Donard Mountain Race	Slieve Donard	2pm	deonmcneilly@outlook.com	

June 2025

Thur 5 th	Fairhill 5 Mile	Fairhill Shopping Centre	7pm	www.ballymenarunners.org	
Thur 5 th	Out the Line 5 Mile Classic	Foyle Road, Derry	7pm	www.foylevalleyac.com	
Thur 5 th	Loughshannagh H&D Race 8	Carn Car Park	7:30pm	deonmcneilly@outlook.com	
Fri 6 th	CS Lewis 5 Mile Challenge	CS Lewis Square, Belfast	7pm	hello@vpcac.com	
Fri 6 th	Paul Murray 5k Grand Prix Series	Eskra Community Centre	7.30pm	knockmnayrunningclub@hotmail.com	

Sat 7 th	Killyclogher 10k	Killyclogher GAA Club	11am	secretary.killyclogher.tyrone@gaa.ie	
Sat 7 th	Cairncastle Classic Fell Race	Cairncastle Primary School,,Ballygally	11am	www.eastcoastathleticclub.co.uk	
Wed 11 th	Stunnerz in Runnerz 2025	Loughry College Cookstown	7:30pm	timothy-johnston91@hotmail.com	
Fri 13 th	Co Down 5k	Downpatrick	6:30pm	andrewtel84@gmail.com	
Fri 13 th	Coleraine Grammer 5K	Coleraine Grammer	7pm	Clivejardine@me.com	
Fri 13 th	Paul Murray 5k Grand Prix Series	Eskra Community Centre	7.30om	knockmnayrunningclub@hotmail.com	
Sat 14 th	Meels H&D Race 9	Meelmore Lodge	7:30pm	deonmcneilly@outlook.com	
Wed 18 th	Vitality Lisburn Half Marathon,10k and Fun Run	Lisburn LeisurePlex	6:45pm	Lyndsay.McVeigh@lisburncouncil.gov.uk	
Fri 20 th	Comber 10k	Castle Lane, Comber	7:30pm	ballydrain.secretary@outlook.com	
Fri 20 th	Paul Murray 5K Grand Prix Series	Eskra Community Centre	7.30pm	knockmnayrunningclub@hotmail.com	
Fri 20 th	Drinnahilly H&D Race 10	Donard Forest	7:30pm	deonmcneilly@outlook.com	
Sun 22 nd	2025 Moy Park Belfast City Women's 10k	Titanic Quarter	10am	info@belfastcitymarathon.org	
Sun 22 nd	Jog for Joe 5k Run & Walk	Fountain Street Strabane	10am	aodhanharkin@btinternet.com	
Fri 27 th	Carnlough Quarry Challenge	Glenlough Running Club	7pm	www.glenloughrunningclub.com	
Fri 27 th	Ards Half Marathon	Ards Blair Mayne Wellbeing and Leisure Complex	6pm	newtownardshm@gmail.com	
Fri 27 th	Paul Murray Grand Prix Series	Eskra Community Centre	7.30PM	knockmnayrunningclub@hotmail.com	
Sun 29 th	RUN ARMAGH: JUNE MARATHON	The Mall	08:00am	matthewnicholson1980@gmail.com	
July 2025					
Sun 6 th	The Great Rossa Run	Ardboe Hall	10am	shaneboe@hotmail.com	
Sat 12 th	The Greyabbey Endurance Challenge	Grey Abbey Estate, Greyabbey, Co Down	8am/2pm/5pm	www.gaithouseevents.com info@gaithouseevents.com	
Sun 13 th	Kilclief Ben Dearg Coastal Run	Kilclief Ben Dearg GAA	10am	eimeardegan97@hotmail.co.uk	
Fri 18 th	MOTHER NATURE SEA 2 SKY 10K & 5K.	Newcastle Leisure Centre	6.30pm Walk, 7.30pm 10K and 5K Race	info@born2runevents.com	
Sat 19 th	Rossi 5k	Greenpark Road, Rostrevor	5pm	info@martinmcginn.com	

Sun 20 th	Eglinton Road Runners Charity 5k	McLean Rd	10.30am	shane4413@live.co.uk	
Tues 22 nd	Portaferry 10 mile and 5mile relay	Portaferry Leisure centre	7.30pm	mags.mathieson@yahoo.co.uk	
Wed 23 rd	Donaghadee 5k	The Harbour Donaghadee	7:30pm	runninginthedee@gmail.com	
Fri 25 th	Giants Trail Race	QUB Sports Pavilion	7pm	bwki01@gmail.com	
Sat 26 th	Mullaghcarn Giant Race	Gortin Glens	12pm	https://www.sientries.co.uk/event.php?elid=Y&event_id=15748	
Sun 27 th	Hillsborough Castle Gardens Running Festival	Hillsborough Castle	9.00am	www.runthrough.co.uk	
Wed 30 th	Ardglass 10k and 5k	St Nicholas primary school	7pm	adrian.daye@sky.com	

August 2025

Fri 1 st	Stanley Reid Memorial 5 Mile Classic	Loughry College Cookstown	7:30pm	timothy-johnston91@hotmail.com	
Fri 1 st	The Roadrunner 3k, 5k and 10k.	Eikon Lisburn	3k 6pm 5k 6.45pm 10k 7.30 pm	roadrunnersac@yahoo.com	
Fri 1 st	Galliagh Feile 5km	Galliagh Community Centre	6.30pm	Galliagh Community Centre / Rise Running Club	
Sat 2 nd	Run The Trails	Mount Stewart	6pm	https://www.scrabostriders.com/open-races	
Sun 3 rd	Feile 5k & 10k	Malone Intergrated College	9.00am	www.feilebelfast.com	
Weds 6 th	Crawfordsburn 5k Trail Race	Crawfordsburn Country Park (Lower Carpark)	7.15pm	events@northdownac.co.uk www.northdownac.co.uk	
Fri 8 th	Mallusk 5 Mile Road Race	Academy Club Mallusk	7.30pm	www.malluskharriers@outlook.com	
Sat 9 th	Dambusters 10M, 10K and 10K	Silent Valley Mountain Park, Head Road, Annalong, Co. Down	10:30am	info@born2runevents.com	
Sun 10 th	Run Newbridge	Sean O'Learys GAC Toome	9.30am	chriskeen@live.co.uk	
Wed 13 th	Denise Dallas Blue Belles 5k	Acorns AC	7pm	olimurphy25@hotmail.com	
Sat 16 th	Dromore 5k/10k Run Co.Tyrone	Main street Dromore, Co Tyrone	10:30am	claireedgar101@gmail.com	
Sun 17 th	Storming the Castle 10k	Carrickfergus Amphitheatre	1:30pm	stormcastle800@gmail.com www.seaparkac.com	

Sun 17 th	Loughside Run to Remember	Warrenpoint Pier		Taraann01@yahoo.com	
Mon 18 th	Broughshane 5 Miler	Broughshane Community Centre	7pm	https://www.ballymenarunners.org/	
Friday 22 nd	Strangford Festival 10k	Inverbrenna Hall Strangford	7pm	Sign Up: https://ani.opentrack.run/en-gb/x/2025/GBR/strangford-festival-10k-25/	
Fri 22 nd	Portrush 5 Mile	West Strand, Portrush	7:30pm	portrush5@gmail.com	
Sat 23 rd	NI and Ulster Road Relay Championships – Belfast Victoria Park Relays	Victoria Park, Belfast	11am	https://www.vpcac.com/hello@vpcac.com	
Sat 23 rd	Run Armagh: Midnight Marathon	The Mall	12:01am	matthewnicholson1980@gmail.com	
Sun 24 th	Antrim Coast Half Marathon	Coast Road Larne	11am	www.antrimcoasthalfmarathon.com	
Fri 29 th	GRC Coastal 5k	1st Branch, Carnlough	7pm	www.glenloughrunningclub.com	
Sun 31 st	Run with Pride	Ormeau Park	10am 5k & 10k	events@rainbow-project.org	

September 2025

Tues 2 nd	Mill Hill Mile	Annsborough	7pm	https://www.newcastleac.org/	
Fri 5 th	Ards 5 Mile	Londonderry Park, Newtownards	7pm	https://www.scrabostriders.com/open-races	
Sat 6 th	Break 4 The Border Half and 10k	HM: Rampart Road, Newry. 10K: Greenway, County Louth	HM: 10am Newry 10K: 10am County Louth	www.born2runevents.com	
Sun 7 th	Laganside 10k and Childrens One Mile 2025	Ormeau Park	2pm	laganside10K@gmail.com	
Sun 7 th	Carmen Runners 5 Mile Road Race	Milestone Centre, Carrickmore	10am	Carmen.runner@outlook.com	
Sun 7 th	Waterside Half Marathon	Ebrington Square, Derry City	9:30am	www.derrystrabane.com/whm	
Sat 13 th	TATTS 5	Tattyreagh GAA Club	11am	TATTYREAGH GAC	
Sat 13 th	Family Fun Run/Walk 5K	Sperrin Harriers	12PM	timothy-johnston91@hotmail.com	
Sun 14 th	Coastal Runners Clondeboy 10K	Clondeboy Estate Courtyard	2:30pm	stevensonlighting@hotmail.com	
Sun 14 th	Rock the Lough and Lakes	South Lake Leisure Centre Craigavon	9:00am	Home - St Peters Athletic Club	

Sun 14 th	Abi's Butterfly Breeze Portaferry 10K/5K	Portaferry GAC	1.00pm	crogmor@aol.com	
Sat 20 th	Saval Fun Run	Saval GAC	10.30am	currankealan@gmail.com	
Sun 22 nd	2025 Moy Park Belfast City Half Marathon	Ormeau Park	9am	info@belfastcitymarathon.org	
Sun 21 st	TJ McElmeel Cross Country Day	The Palace Demesne, Friary Rd. Armagh	12:30pm	https://armaghac.com/#/ mmktyross@yahoo.co.uk	
Sat 27 th	NI and Ulster 10k Road Race Championships – Seaton Classic (Bangor) 10k	Castle Park, Bangor	10am	https://northdownac.co.uk/seatonclassic10k	
Sat 27 th	Annaghmore Running Festival	Annaghmore Community Hall	10am	konrad79@hotmail.com	

October 2025

Sat 4 th	NIMAA XC trials and championships	Queens Playing Fields	11:30am	annemaguire28@gmail.com	
Sat 4 th	Mckinney Games - Festival of Running	EIKON CENTRE	08:00	matthewnicholson1980@gmail.com	
Sun 5 th	Groomsport 10k	Groomsport Car Park & Garden	1pm	wprace@gmail.com	
Sun 5 th	Armagh 10mile Road Race and 6k Fun Run	The Navan Centre, 81 Killylea Rd., Armagh	10am	armagh10mileroadrace@gmail.com	
Sat 11 th	GR8 Dundrum Run	Main Street, Dundrum	12 noon	annemccormick92@yahoo.co.uk	
Sun 12 th	Comber Cup	Billy Neill	12pm	ballydrain.secretary@outlook.com	
Friday 17 th	Galloper Thompson 5k	Grove Park	7.30pm	https://northbelfastharriers.com/	
Sun 19 th	Saintfield 5k and 10k	Comber Street, Saintfield	10k - 14:00/5k 14:15	saintfieldstriders@outlook.com Enter: https://www.sientries.co.uk/event.php?elid=Y&event_id=15734	

November 2025

Sat 1 st	McConnell Shield	Sixmilewater Park, Ballyclare	12pm	www.eastantrimharriersac.co.uk eastantrimharriersac@gmail.com	
Sat 15 th	The Montalto Night Endurance Challenge & 5/10K Trail Race	Montalto Estate, Ballynahinch	6pm / 8pm	www.gaithouseevents.com info@gaithouseevents.com	
Sun 16 th	2025 Moy Park Belfast City 5k Fun Run	Belfast City Centre	9am	info@belfastcitymarathon.org	

Sat 22nd	Springwell Cross Country	Owenbeg, Derry GAA	TBC	lougherycolin@gmail.com	
Sat 29th	Seeley Cup	Willowfield Harriers	2.30pm	www.willowfieldharriers.co.uk	

Sat 4th	NIMAA XC trials and championships	Queens Playing Fields	11:30am	annemaquire28@gmail.com	
Sat 4 th	Mckinney Games - Festival of Running	EIKON CENTRE	08:00	matthewnicholson1980@gmail.com	
Sun 5th	Groomsport 10k	Groomsport Car Park & Garden	1pm	wprace@gmail.com	
Sat 11th	GR8 Dundrum Run	Main Street, Dundrum	12 noon	annemccormick92@yahoo.co.uk	
Friday 17 th	Galloper Thompson 5k	Grove Park	7.30pm	https://northbelfastharriers.com/	
Sun 19th	Saintfield 5k and 10k	Comber Street, Saintfield	10k - 14:00/5k 14:15	saintfieldstriders@outlook.com Enter: https://www.sientries.co.uk/event.php?elid=Y&event_id=15734	

Dec 2025

Sat 6 th	The Rudolph Run	Eskra Community Centre	10k & 5k 12 Noon	Knockmany Running Club Facebook page	

Jan 2026

Feb 2026

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March 2026					
Tue 17 th	Spar Craic10k	City Hall, Belfast	9AM	https://aisling-events.com/events/spar-craic-10k-2026/	
Sun 22 nd	Portadown Running Festival	Portadown Rugby Club	0900	portadownrunningfestival@hotmail.com	
Sun 29 th	36th SPAR Omagh Half Marathon	Omagh Leisure Complex	13.1mile & 5k START TIME: 8.30am	OMAGH HARRIERS AC runnermartin@outlook.com	

April 2026					